



February 2017

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Everyday we are making our dreams come true at the MLK Center. From flexibility through yoga, to social justice in the writings of Dr. King, neighbors of all ages are making new dreams and seeing them come true. Please join us as a participant, volunteer or donor. [Click here for our printable Calendar of Events.](#) Below are some important highlights:

Try Yoga | Thursdays 6:30-7:30 pm

Join Re·sil·ient Yoga every Thursday for a fun and restorative community yoga practice that will empower you to manage stress and the challenges of life with resilience! Practice is open to people ages 8 and up.

\$5 Suggested Donation Per Class | A limited supply of mats are available



Books and Breakfast | Saturday February 11, 2017

Join us as our series continues from 10:00 a.m. to Noon, and we discuss "Why We Can't Wait" by Martin Luther King, Jr. Excerpts are available at the event, along with breakfast.

The Martin Luther King, Jr. Community Center
and The Desmond Tutu Center Present:

Books and Breakfast



Gift Card Donations Needed

young men from James Whitcomb Riley School #43 can earn financial incentives for completing homework, showing leadership, completing odd jobs around the Center, and helping others. We are in need of \$5 gift cards to use as payment for the youth. It costs us about \$40 per week. You can mail them or bring them to the front desk where you can also pick up a receipt. **Thank you!**

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